## Jackson Hole Race Camp Itinerary and Information

Thank you for signing up for the 2023 Ski Challenge Race Camp at Jackson Hole.

Dave and I will be driving out to Jackson and arriving on Tuesday, December 5 and staying at the Alpenhof. We are free skiing on Wednesday, December 6. If anyone needs to get a hold of me my cell number is 612-799-7710. Text or call. If you asked to be on the text list for information updates and dinner plans, I have added you.



Here is a rough itinerary for you to follow. Once the camp starts, your coach will tell you where you will be meeting the remaining days.

Dates: Thursday-Saturday, Dec 7, 8, & 9

Camp on Snow

9 am - 3 pm

time:

Thursday Gates: 1 - 3 pm Friday Gates: 1 - 3 pm

Saturday Gates: 10 am - 12 pm (possible timing too)

Video: We will have videographers Thursday and Saturday during gate time. They will also try and

film some of our time on snow doing drills. Video analysis on Thursday and Saturday from

3:15 pm - 4 pm in the Alpenhof.

Meet: First Day 9 am - Meet at the bottom of "Teewinot" lift by the ski racks - This is probably

where we will all meet each day. This is just to the right of the gondola entrance as you are

looking up the mountain

Coaches: We will be dividing up into 3 groups. You are welcome to group with friends you are traveling

with if preferred.

Lunches: We will have roughly an hour each day for lunch. Usually, each group decides on a place to

eat. You are also welcome to go back to your hotel room and eat or eat somewhere

different from your group.

Saturday afternoon

Saturday afternoon - You will have the choice to stay on the groomed runs with a coach and work on race and drills or you can break off with a coach and "free-ski" wherever the mountain is open. This year with less snow there may not be much more to ski on besides where we are

training. We will divide up after lunch that day.

What to wear Most people wear comfortable snow pants and jackets during the camp. Some will add

padding when running gates or wear a GS suit under jackets during gates. Some wear a GS

suit for timed runs on Saturday morning. We will not be figuring handicaps.

For dinners, we usually try and all meet at the same place. This is not required, however. If you would like to be included in a text group, let me know by texting to my number 612-799-7710 if you haven't already.

Thanks! We look forward to a great camp!

- Barb and Dave Everson