

# 2015 Buck Hill Sunday PM - Week 7

Sunday, February 15, 2015



CrossFit Ski Race Training  
For Ski Challenge

By Matt Strand



**PACESETTER:** **HCP**

DAVE EVERSON	BLUE	3.21	TIME:	17.51	PAR:	16.97
DAVE EVERSON	RED	3.21	TIME:	17.68	PAR:	17.13

### Final Results for Entire Season

Team	6 Skiers	7 Skiers	8 Skiers	9 Skiers	Points
1 Marv's Slicers	210	242	272	297	365.50
2 The Big Chill	210	242	264	278	380.51
3 Parabolic Furs	205	231	253	266	363.57
4 Schliders	194	219	240	256	341.56
5 Tasmanian Snow Devils	181	198	209	218	318.26
6 Team Moderation	176	192	198	198	330.89
7 This Stuff Works!	168	185	197	204	360.31
8 Grateful Shred	163	180	193	195	371.76
9 Bucket Boys	149	160	168	168	330.37
10 Nothing to Lose	131	136	139	139	241.41

### Week 7 Results

Team	6 Skiers	7 Skiers	8 Skiers	9 Skiers	Points
1 The Big Chill	30	35 P	40 P	45 P	59.98
2 Marv's Slicers	30	35 P	40 P	44 G	54.23
3 Parabolic Furs	30	33 S	36 S	36 --	49.82
4 Schliders	29	33 G	37 G	41 G	57.50
5 Team Moderation	27	31 G	34 S	34 --	47.33
6 This Stuff Works!	27	30 S	33 S	33 --	25.75
7 Tasmanian Snow Devils	27	30 S	30 --	30 --	48.07
8 Bucket Boys	23	25 B	25 --	25 --	43.47
9 Grateful Shred	21	21 --	21 --	21 --	25.59
10 Nothing to Lose	19	19 --	19 --	19 --	29.06

SEX	NAME		TEAM	BestHC	Medal		BlueTime	BlueHC	RedTime	RedHC
F	AVI	SILVER	Marv's Slicers	7.30	P		18.33	8.01	18.38	7.30
F	KRISTINA	AMMON	Parabolic Furs	9.05	P		18.95	11.67	18.68	9.05
F	PATTI	ACHTERLING	This Stuff Works!	14.02	P		19.35	14.02	20.07	17.16
F	MARIA	KIMMES	Tasmanian Snow Devils	15.06	P		19.84	16.91	19.71	15.06
F	LINDY	LARSON	Team Moderation	18.39	P		20.09	18.39	20.44	19.32
F	BARB	EVERSON	Schliders	19.74	P		20.32	19.74	20.62	20.37
F	KAREN	PFEIFFER	Marv's Slicers	25.16	P		21.98	29.52	21.44	25.16
F	ELIZABETH	JOHNSON	Bucket Boys	25.39	G		21.49	26.64	21.48	25.39
F	CASSIE	TORBENSON	Team Moderation	26.04	G		21.39	26.05	21.59	26.04
F	HOLLY	WOLFE	Nothing to Lose	28.08	G		22.82	34.47	21.94	28.08
F	TERRI	PIERCE	Marv's Slicers	30.71	G		22.81	34.41	22.39	30.71
F	RITA	FEHR	Team Moderation	34.89	S		22.89	34.89	23.63	37.95
M	MATT	STRAND	The Big Chill	-1.11	P		17.10	0.77	16.94	-1.11
M	DAVE	EVERSON	Schliders	3.18	P		17.51	3.18	17.68	3.21
M	TYLER	PIERCE	Marv's Slicers	3.50	P		17.78	4.77	17.73	3.50
M	JOHNNY	MEEKER	Marv's Slicers	4.09	P		17.71	4.36	17.83	4.09
M	TIM	LARSON	Team Moderation	4.83	P		17.79	4.83	18.08	5.55
M	RICK	MILLS	The Big Chill	5.90	P		18.32	7.96	18.14	5.90
M	THOR	MORALES	Schliders	5.95	P		18.15	6.95	18.15	5.95
M	MITCH	WALL	Parabolic Furs	6.48	P		18.07	6.48	19.18	11.97
M	PHIL	MCCLURE	Marv's Slicers	6.89	P		18.14	6.89	18.42	7.53
M	JOHN	GROSENICK	Schliders	7.65	P		18.48	8.90	18.44	7.65



SEX	NAME		TEAM	BestHC	Medal		BlueTime	BlueHC	RedTime	RedHC
	<b>GUESTS</b>									
SEX	NAME		TEAM	BestHC	Medal		BlueTime	BlueHC	RedTime	RedHC
M	DAVID	BEDDOR	Guest Skiers	12.08	P		19.30	13.73	19.20	12.08
M	ANDY	BAER	Guest Skiers	21.98	G		20.70	21.98	21.07	23.00
F	JENNIFER	MORRIS	Guest Skiers	35.32	S		DNF	N/A	23.18	35.32

**FASTEST FEMALE OF THE LEAGUE**

**AVE HCP**

1	AVI	SILVER	Marv's Slicers	8.65
2	KRISTINA	AMMON	Parabolic Furs	10.01
3	MARIA	KIMMES	Tasmanian Snow Devils	17.46
4	PATTI	ACHTERLING	This Stuff Works!	20.36
5	LINDY	LARSON	Team Moderation	20.43

**MOST IMPROVED OF THE LEAGUE**

RITA	FEHR	Team Moderation
TODD	GUERRERO	Bucket Boys

**FASTEST MALE OF THE LEAGUE**

**AVE HCP**

1	MATT	STRAND	The Big Chill	-0.67
2	DAVE	EVERSON	Schlidors	3.04
3	JOHNNY	MEEKER	Marv's Slicers	4.08
4	TYLER	PIERCE	Marv's Slicers	4.61
5	PHIL	MCCLURE	Marv's Slicers	6.49

**MOST VALUABLE OF THE LEAGUE**

**VALUE**

1	KRISTINA	AMMON	Parabolic Furs	71.92
2	DAVE	EVERSON	Schlidors	65.73
3	LINDY	LARSON	Team Moderation	59.98
4	MARK	HICKMAN	The Big Chill	56.85
5	DAVE	BRUSH	Parabolic Furs	55.42